

Water

THE UNTOLD STORY

Water's Structure, Water Processing and Your Health



by Halsey W. Snow, Ph.D.

The UNTOLD STORY of Water

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There's something about your water that no one is telling you, and it's very important to your health. Fortunately there is something you can do about it. It has to do with the way that water is in nature, how it is changed when we take water from nature for our own uses, and the effects that has on our bodies.

The Way Water Is in Nature

Let's start by thinking of a snowflake. It is said that every snowflake is unique – yet they are all hexagonal: six-sided. That is because this is the way that water is in nature. Even in the liquid state, the individual water molecules cluster together in groups of 6, so when they freeze, it looks like a snowflake. This is what we refer to as “structured” water, because of that naturally-occurring 6-sided structure. Sometimes it is called “clustered water,” or “hexagonal water,” or “vitalized water.” Different ways of referring to the same thing: water in its NATURAL STATE. If you want to know more about why water is this way, you can look at *Dancing With Water*, by MJ Pangman. (www.dancingwithwater.com) It is this *structure* of water which gives water its amazing properties, like memory, storing and encoding different energies, and its ability to hydrate your physical body. This is the most important thing for all of us when it comes to health and well-being – cellular hydration. You could say that **hydration is the key to every wellness program**. And structured water (water in its natural state) is the key to cellular hydration.

Why this is important to you

Every human body is, on average, between 75-95% water. You are a water being! Your consciousness here on Planet Earth is grounded in a water-based physical body. Some examples of this: 83% of your blood, 90% of your brain, 90% of your nerves, and 99% of the cerebrospinal fluid (which surrounds your brain and spinal cord) is water. This proportion changes over the course of one's lifetime, for most people. It is estimated that newborn babies are about 95% water, whereas

many people's bodies, at the time of death (age over 60), are only 50-60% water. This may be less surprising considering a lifetime of drinking unstructured water. (www.watercodes.com)

The Problem with Unstructured Water

Every cell of your body needs water to carry out its essential functions, such as taking in nutrients and expelling toxins. This is what we mean when we speak of hydration. In the body, water is the carrier for nutrients and toxins. And the part of the cell which allows things to come in and go out – the cell membrane – recognizes water by its naturally-occurring, hexagonal structure – it's “snowflake” formation. So when you drink “unstructured” water - which almost everyone is doing - your body cannot use that water in the unstructured state it is in. What then happens? Some of that unstructured water just passes through your digestive system. However, your body must have water to survive, so your body has to use its energy (unbeknownst to you) to re-structure the water first, before it can use it. Thank goodness your body has a way of doing this, otherwise we would all be dead from dehydration.

This process of re-structuring water within the body requires energy, so when you drink unstructured water, you end up losing energy from the internal conversion process, when you should be gaining energy from the water you

drink. On a cellular level, this makes our process of growth, maintenance, and regeneration inefficient, slow and difficult. And it also means that most people – regardless of the amount of water they drink – are either dehydrated or under-hydrated. (<https://www.medicaldaily.com/75-americans-may-suffer-chronic-dehydration-according-doctors-247393>)

How Water Loses its Structure

When we take water from nature for our own uses, we process it using technology which has the effect of causing the water to lose its naturally-occurring hexagonal structure.



Our bodies are mostly water



Of course, no one is advocating for less water processing, or at least the minimum amount needed to make our drinking water clean and safe. We all want water which is safe, clean, and pure, not to mention convenient to access. But we also want water which is in its "natural" state, because that is what our bodies need.



Samples of Un-Structured Water



Samples of Structured Water*

* Water sample images courtesy of Natures Design Products GmbH, Sarnen, Switzerland.

So what aspects of our water technology do this? Pretty much everything, from forcing water to move through straight pipes and filters, placing water under pressure, adding chemicals to shift the mineral composition and pH of the water, using softeners and reverse osmosis and then storing the water in stagnant containers such as plastic or metal - virtually every aspect of our modern water-processing technology has the effect of causing water to lose its naturally-occurring structure. Even the finest spring water from the best sources has been processed in some form, and by the time you get it, in its plastic bottle, it is unstructured.**

This presents a real dilemma. We all want water which is the best and healthiest for our bodies. But not everyone has the advantage of living close by a clean natural spring. So whether you get your water from your own well, from a municipal water system, or from the store, that water has been processed, and it is most likely unstructured. It's no wonder that so few people actually like to drink water!

** Note: in regards to bottled water - spring or otherwise - we refer you to the recent discovery that 93% of bottled water samples have microscopic plastic particles in them! See: <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC6141690/>

How Do You Get Re-Structured Water?

This issue with water's structure and its effects on our bodies has been known for some time, and many different technologies have been created to re-structure water. There are whole-house water systems, counter-top appliances, and even a specialized form of Golden-Ratio-designed household glassware, all of which have been designed to create a re-structuring effect on the water you bring to yourself. (www.goldenratioproducts.com) The point is that this is something which can no longer be taken for granted when it comes to your drinking water and your health. The structured/unstructured state of the water you consume is one of the most important aspects of that water for you to consider, for your own personal hydration. You need to start drinking only structured water, and keep drinking it for the rest of your life.

Every structure in your body is based on water. Water is the basis for everything that takes place in your body. When the body goes to create more complicated structures - which it is always doing - it starts with water, along with the other nutrients you ingest. When the water your body is being given is unstructured, it's like starting from a negative position. After all, your body is expecting water in its natural state - why shouldn't it? The human body is as much a part of nature as water is. They are actually one and the same. So "re-structuring" your water is as important to your health as the other qualities of the water you drink, such as its purity, mineral balance, pH, etc. It's a new facet of your "water consciousness." Something to remember and act on. Your body knows the difference, and the more you drink only structured water, the more you will notice the difference too. But be forewarned: once you start drinking structured water, you can't go back. But you may find that you like drinking water again, and even prefer it over the other beverage choices you have. It's what your body is made from, so giving yourself the best you can makes the most sense for health and well-being. ✨

Water in Nature (Structured)

- Always moving
- Not in straight lines
- Not under pressure
- Moves in vortex
- Environment of the Golden Ratio (natural geometry)
- Open to energy of the Earth and Cosmos

Processed Water (Unstructured)

- Straight pipes
- Under pressure
- Stagnant storage
- Filters, chemical additives (chlorine, flouride, etc.)
- Reverse osmosis, ionization, distillation, etc.
- No Golden Ratio



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Golden Ratio Products

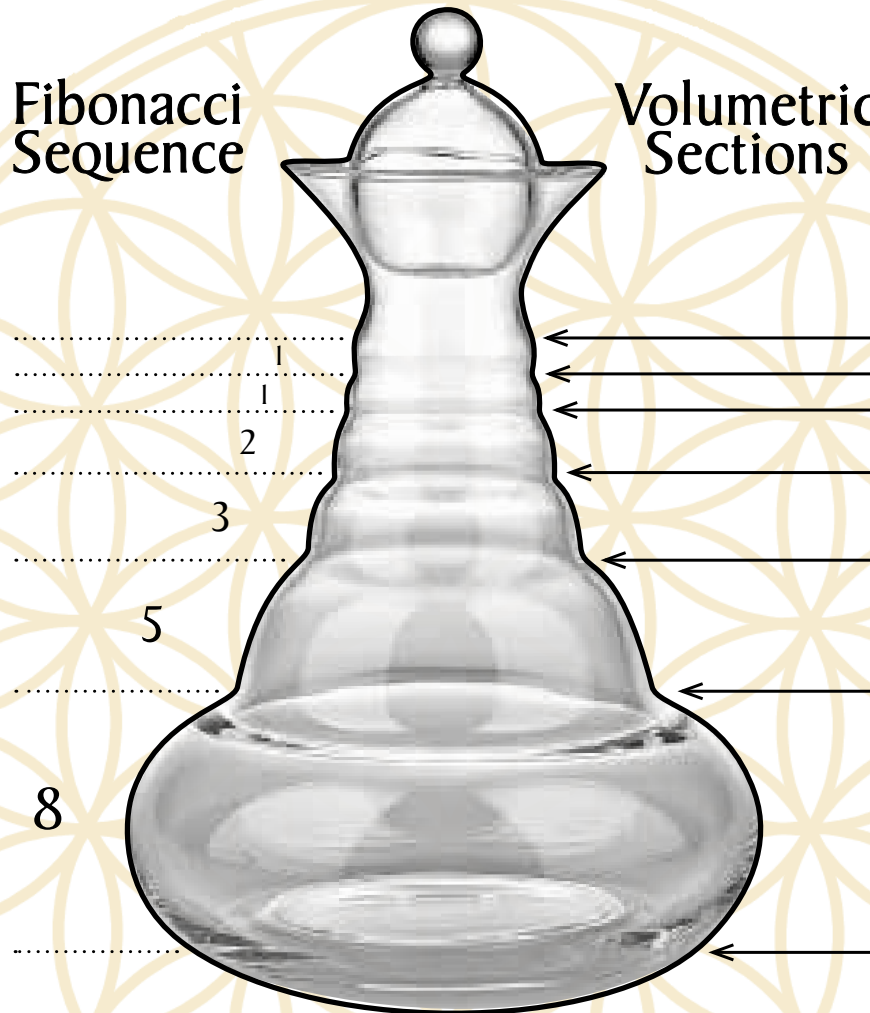
Change Your Water, Change Your Life

Golden Ratio Design

Featuring the Alladin Carafe from Natures Design Products GmbH, Switzerland

Fibonacci
Sequence

Volumetric
Sections



FIBONACCI SEQUENCE = GOLDEN RATIO

A harmonious, life-enhancing pattern occurring throughout creation

Fibonacci Sequence

Every number is the sum
of the previous 2

Golden Ratio

Phi: $1 / 1.61803... \infty$
"The Divine Proportion"

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